# University of Calgary Resources
## For International Graduate Students

<table>
<thead>
<tr>
<th>Potential Issue</th>
<th>Resources Available</th>
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<tbody>
<tr>
<td>Language and Writing Skills</td>
<td>Student Success Centre&lt;br&gt;Academic Development Specialist (International)&lt;br&gt;<a href="http://www.ucalgary.ca/ssc/learning_support/international">http://www.ucalgary.ca/ssc/learning_support/international</a>&lt;br&gt;<a href="http://www.ucalgary.ca/ssc/writing_support/overview">http://www.ucalgary.ca/ssc/writing_support/overview</a></td>
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<td>Writing Support Services&lt;br&gt;<a href="http://www.ucalgary.ca/ssc/writing_support/overview">http://www.ucalgary.ca/ssc/writing_support/overview</a></td>
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<td>Student Success Centre&lt;br&gt;Graduate Writing Boot Camps&lt;br&gt;<a href="http://www.ucalgary.ca/ssc/writing_support/overview">http://www.ucalgary.ca/ssc/writing_support/overview</a></td>
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<td>GradXO Workshops&lt;br&gt;<a href="http://grad.ucalgary.ca/gradxo">http://grad.ucalgary.ca/gradxo</a></td>
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<td>Cultural Adjustment</td>
<td>International Student Services (Global Friendship Program, Global Families Program, Mentorship Program, etc.)&lt;br&gt;<a href="https://www.ucalgary.ca/iss/programs-services">https://www.ucalgary.ca/iss/programs-services</a></td>
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<td>SU Wellness Centre (Health Services, Counselling, Student Support and Outreach, Events &amp; Programs, Workshops and Opportunities for Dialogue)&lt;br&gt;<a href="http://www.ucalgary.ca/wellnesscentre/">http://www.ucalgary.ca/wellnesscentre/</a></td>
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| Time Management and Motivation | Student Success Centre  
Graduate Coaching program  
https://www.ucalgary.ca/ssc/grad_intake |
|---|---|
|   | Student Success Centre  
Academic Development Specialist (International)  
http://www.ucalgary.ca/ssc/learning_support/international |
|   | SU Wellness Centre (Health Services, Counselling, Student Support and Outreach, Events & Programs)  
http://www.ucalgary.ca/wellnesscentre/ |
|   | GradXO Workshops  
http://www.grad.ucalgary.ca/gradxo |
|   | My GradSkills Workshops  
http://www.ucalgary.ca/mygradskills/ |
| Successful Supervisor Relationship | Student Ombuds Office  
http://www.ucalgary.ca/ombuds/ |
|   | Faculty of Graduate Studies Academic and International Specialist (Jaya Dixit- grad.advisor@ucalgary.ca)  
http://grad.ucalgary.ca/current/student-services/international-student-support |
|   | My GradSkills Workshops  
http://www.ucalgary.ca/mygradskills/ |
|   | SU Wellness Centre Workshops  
http://www.ucalgary.ca/wellnesscentre/ |
| **Homesickness and Mental Wellness** | SU Wellness Centre (Health Services, Counselling, Student Support and Outreach, Events & Programs)  
Point of Contact- Shawna Bava snbava@ucalgary.ca  
http://www.ucalgary.ca/wellnesscentre/  
SU Wellness Centre  
Healthy Campus Toolkit  
http://grad.ucalgary.ca/files/grad/students_toolkit.pdf  
International Student Services (Global Friendship Program, Global Families Program, Mentorship Program, etc.)  
https://www.ucalgary.ca/iss/programs-services  
Faith and Spirituality Centre  
http://www.ucalgary.ca/fsc/ |
|---|---|
| **Immigration/Visa Issues** | International Student Services (Immigration)  
https://www.ucalgary.ca/iss/immigration |
| **Teaching Skills** | Taylor Institute for Teaching and Learning (Educational Development Unit)  
http://ucalgary.ca/taylorinstitute/edu/programs/graduate-students |
| **Funding** | Faculty of Graduate Studies (Awards and Scholarships)  
http://grad.ucalgary.ca/awards |
| **Other Resources** | Career Services  
https://www.ucalgary.ca/careers/  
Graduate Student Association (Individual and Family Bursaries, workshops, mentorship, etc.)  
http://gsa.ucalgary.ca  
Residence Services  
https://www.ucalgary.ca/residence/ |